

March 5, 2014

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### **Avrupa Minerals Grants Stock Options**

**Avrupa Minerals Ltd. (AVU:TSXV, 8AM: FWB)** has granted 200,000 stock options to a Director to purchase common shares of the Company at an exercise price of \$0.165 per share for a period of five years, expiring on March 3, 2019.

The Board approved this grant of options on March 3, 2014 for the Director who was recently appointed to the Board. The Board of Directors of Avrupa have received no other compensation than stock options for their role as Directors.

Avrupa continues to work to keep the interests of the shareholders, Board and management aligned by granting such options and encouraging all of the Board, management and contractors to be shareholders of the company.

At present, the Board and Management own 17% of Avrupa's issued common shares. Other Insiders control an additional 9% of the Company's shares.

**Avrupa Minerals Ltd.** is a growth-oriented junior exploration and development company focused on discovery, using a prospect generator model, of valuable mineral deposits in politically stable and prospective regions of Europe, including Portugal, Kosovo, and Germany.

The Company currently holds 15 exploration licenses in three European countries, including nine in Portugal covering 2,980 km<sup>2</sup>, five in Kosovo covering 153 km<sup>2</sup>, and one in Germany covering 307 km<sup>2</sup>. Avrupa operates three joint ventures in Portugal, including:

- The **Alvalade JV**, with Antofagasta, covering one license in the Iberian Pyrite Belt of southern Portugal, for Cu-rich massive sulfide deposits;
- The **Covas JV**, with Blackheath Resources, covering one license in northern Portugal, for intrusion-related W deposits; and
- The **Arga JV**, also with Blackheath Resources, covering one license located adjacent to the Covas JV, for intrusion-related Au-W deposits.

Avrupa is currently upgrading precious and base metal targets to JV-ready status in a variety of districts on their other licenses, with the idea of attracting potential partners to project-specific and/or regional exploration programs.

For additional information, contact Avrupa Minerals Ltd. at 1-604-687-3520 or visit our website at [www.avrupaminerals.com](http://www.avrupaminerals.com).

On behalf of the Board,

***“Paul W. Kuhn”***

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Paul W. Kuhn, President & Director

*This news release was prepared by Company management, who take full responsibility for its content. Paul W. Kuhn, President and CEO of Avrupa Minerals, a Licensed Professional Geologist and a Registered Member of the Society of Mining Engineers, is a Qualified Person as defined by National Instrument 43-101 of the Canadian Securities Administrators. He has reviewed the technical disclosure in this release.*

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